



WESTERN AUSTRALIA
Australian Federation of Business &
Professional Women Inc.

BPW Joondalup

BPW Dinner Meetings invite you to

Increase your efficiency and achieve your goals with Angie 'Speedy' Spiteri



Angie 'Speedy' Spiteri is an efficiency expert who has worked with our largest corporations and government departments, as well as the smallest of small businesses.

She is regarded as a freedom fighter by consistently freeing up 30% of people's time which is currently spent on inefficient activities, simultaneously increasing productivity by a massive 25-45%.

By being in total control of their working day people's stress levels are dramatically reduced. For small business people this means sorely needed creative time is available to work ON the business instead of IN it. For individuals it allows you to regain control of your time and to set and achieve personal goals.

We look forward to you joining us on

Tuesday, 13 February 2007

- When:** 6.30pm for 7.00pm start.
Where: Joondalup Function Centre, City of Joondalup Buildings,
Boas Ave, Joondalup (same level as Library). *Map available on our website.*
Cost: \$28 for members, \$30 for guests (2 course dinner and coffee).
Please note—all bookings for dinner must be paid for.
RSVP: By 5pm on **Friday, 10 February** to either
President, Liz Flatters; ph: 9300 4511 / 0402 080 710 or
email: liz@stayingintouch.com.au
or
Community Officer, Nicky Badman; ph: 9305 4613 or
email: nicky_badman@inet.net.au

BPW is an international organisation that educates and informs women, undertaking research and projects aimed at making a positive difference for women. At a local level BPW offers great opportunities for developing social and professional networks for women of all ages. To discover more about BPW Joondalup visit: <http://stayingintouch.com.au/bpwjoondalup>